



# SIZE CHART

Standard Table of Body Measurements for  
Female Figures Sizes 2-28

## HOW TO USE THIS CHART

SewTG Patterns come in a variety of sizes, from XS - 2x, 3x, and 4X

We strive to maintain a consistent sizing method for all patterns. We size patterns factoring in the way the garment should fit - slim to oversized. Use this chart to find your measurements. Circle the closest measurement but round up. If your Bust is 88cm then circle the Medium size. If you find some of your measurements fall into smaller sizes and some into a larger size, use the larger size.

IN CM	XS	S		M		L		XL		2X		3X		4X
SIZE	2	4	6	8	10	12	14	16	18	20	22	24	26	28
HIGH BUST	91.50	96.50	102	102	106.70	106.70	111.75	111.75	117	122	127	132	137	147.30
BUST	81.25	84	86	89	91.50	95.25	99	103	108	113	118.10	123.10	128.25	132
WAIST	61	63.50	66	68.50	71.20	75	78	82.50	87.60	90.40	98	103	105.50	112
HIGH HIP	80	80	82.50	85	88	90.50	94	95.25	101.60	106.75	112	117	122	127
HIP	87.60	90.25	93	95.25	98	102	105.40	109.20	114.30	119.40	124.45	129.50	134.60	139.75
ARMS EYE	36.25	37	38	39	40	41.60	43	45	46.75	48.50	52.40	53.40	54.25	55.88
UPPER ARM	25.50	26	26.60	27.30	28	29	30	31	32.40	34	35	36	36.50	38

