



SIZE CHART

Standard Table of Body Measurements for
Female Figures Sizes 2-28

HOW TO USE THIS CHART

SewTG Patterns come in a variety of sizes, from XS - 2x, 3x, and 4X

We strive to maintain a consistent sizing method for all patterns. We size patterns factoring in the way the garment should fit - slim to oversized. Use this chart to find your measurements. Circle the closest measurement but round up. If your Bust is 34-1/2" then circle the Medium size. If you find some of your measurements fall into smaller sizes and some into a larger size, use the larger size.

IN INCHES	XS	S		M		L		XL		2X		3X		4X
SIZE	2	4	6	8	10	12	14	16	18	20	22	24	26	28
HIGH BUST	36	38	40	41	42	42	44	44	46	48	50	52	54	58
BUST	32	33	34	35	36	37.5	39	40.5	42.5	44.5	46.5	48.5	50.5	52
WAIST	24	25	26	27	28	29.5	31	32.5	34.5	36.5	38.5	40.5	42.5	44
HIGH HIP	31.5	31.5	32.5	33.5	34.5	35.5	37	38.5	40	42	44	46	48	50
HIP	34.5	35.5	36.5	37.5	38.5	40	41.5	43	45	47	49	51	53	55
ARMS EYE	14.25	14.625	15	15.375	15.75	16.375	17	17.625	18.375	19.12	20.625	21	21.375	22
UPPER ARM	10	10.25	10.5	10.75	11	11.375	11.75	12.12	12.75	13.375	13.75	14.12	14.37	15

