



# Color

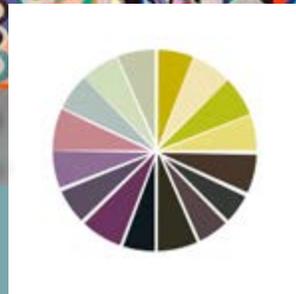
Workshop Series

COLOR HUE & YOU

Nº 0124

M O D U L E # 1

tina givens



# #Color

Tina's love for color and pattern is steeped from a life of beautiful surroundings in very unique places. First is her African childhood, surrounded by incredible natural beauty and African crafts in vibrant color and texture. Migrating north to the city of Toronto as a young adult, her experience in an urban high fashion and art world had a distinctive and contrasting view of color. And into her adult life, a span of time in beautiful North Carolina began her love for bright and pure palettes in blue skies, southern foliage and soft charm. With an artist's lens here she shares her view of color palettes as a staple for designing your wardrobe. Designing fabric for the quilt world demands saturated palettes in complimentary colors and prints. Her signature color schemes and imaginative artwork sets Tina's fabrics apart.

Cultivating a personal color palette and adapting sewing patterns for your silhouette is at the forefront of this workshop series. We will focus our energy on a simple process to unveil how color relates, contrasts, speaks and reveals. How you can enhance the colors you love by mixing them with complimentary partners and prints to trim a cohesive wardrobe of color. Color can be neutral, bright, soft, sharp and even muddy. We each gravitate to what our history, culture and heart wishes for. Here, we will explore skin tone and color balance, patterns and solids - how they work for you and within your collection.

Here we only speak true and positive words to ourselves and each other. Our community is made up of like-minded, creative, beautiful people like you. We deserve a safe, happy and upbeat environment to share and speak openly about our challenges and discoveries. So tune into our forum on SYCHIL.com and be sure to connect within your community if you are participating in a hosted workshop.\*

*Color is the least expensive thing to put in your closet!*

MODULE 1 • 0124



## COLOR *Hue* YOU

WORKSHOP SERIES #0124

DESIGN  
Your Wardrobe





# UNDERSTANDING COLOR



*Polski folklor według Beaty Bojdy i Uli Kóska •*

Color truly punctuates our lives, our existence!

It gives us depth perception, evokes mood and conjures up emotion. Just as oxygen, sunlight, water and food are vital for our existence, color is also exceptionally important to guide, illustrate and frame all aspects of life. It is not something that simply exists as a ‘color’ on an object! It is perceived by each of us through our eyes and transmitted to our brain which translates into color. It is no wonder that we each see and perceive color as uniquely as we are people.

Color begins with just three primary colors: red, green and blue light. These are the additive primary colors of the color spectrum. Combining balanced amounts of red, green and blue lights produces pure white. By varying the amount of red, green and blue light, all of the colors in the visible spectrum can be produced. We will explore this further.

Our eyes contain rods and cones, two elements which work together to absorb light. We have 120 million rods in each eye. Rods transmit mostly black and white information to the brain. As rods are more sensitive to dim light than the cones in our eyes, you lose most color vision in dusky light. It is the rods that help your eyes adjust when you enter a darkened room.

We have 6 million cones in each eye transmitting higher levels of light intensity that create the sensation of color and visual sharpness. These give the brain enough information to interpret and identify colors. The human eye can perceive more variations in warmer colors than cooler ones. This is because almost 2/3 of the cones process the longer light wavelengths (reds, oranges and yellows).

About 8% of men and 1% of women have some form of color impairment. Most people with color deficiencies aren’t aware that the colors they perceive as identical appear different to other people. Most still perceive color, but certain colors are transmitted to the brain differently.

*Color is a power which directly influences the soul.*  
Wassily Kandinsky

Notwithstanding, color is a significant tool in your Wardrobe Design Toolbox. When building a color palette, it is necessary to explore color basics. Color is a primary step in designing your personal wardrobe, and as previously noted, we absolutely look at color through a unique lens! Whether we see bright color, neutrals, pastels or black and white - each of us see and transmit color, mood and emotion. Color is further evaluated through our history, culture and childhood surroundings. Memories and what we hold dear plays a large role in color perspective. This is what makes choosing color so personal.

What's fascinating is that we may clothe ourselves in a color scheme that speaks to us, and someone else may view our palette completely different. This reminds me that dressing is for ourselves and no one else.

The most obvious resource for inspiration in color is mother nature. All original color springs from our natural surroundings. Observe how nature grounds itself in neutral earthy greens, smoky grays and husky browns; then look past the obvious, and you will see colors appear in pairs. It's extraordinary, whether the pairs are complimentary, analogous or linear, colors seem to reflect and work together as in relationships.

Unpredictably, there are infinite values or intensity of a single color. And when we mix or place color side by side these variations take on new tonal personalities all of their own. It is not surprising that many of us are a little overwhelmed when it comes to selecting color for something like our wardrobes or homes. We will journey on and begin an exploration, open up our observation skills and discover a skill set for color selection.

Let's begin with a little color theory!



## C O L O R T H E O R Y

We are naturally drawn to color. Look back in your life, around your home and in your closet - do you see similar color choices? It's true, we are comfortable with certain colors over others - and we incorporate the same color or palette over and over again. This is an important observation for us. Once we identify these repetitive colors we can make them work better for ourselves if we have an understanding of the principles behind how color works. This allows us to pair and place them better within our world.

There is no wrong way to think and dream in color. Let's look at color structure which will explain how color interacts together. Remember the basic color wheel?



WORKBOOK 0124

# Color Wheel

## BASICS

Color begins with primary colors, red, yellow and blue! We begin here because these 3 colors can not be created by mixing other colors together. They are the basic stand alone in pigment.

By mixing the primary colors in pairs we create the secondary colors. Yellow and red makes orange, red and blue makes purple, blue and yellow makes green.

Continuing to mix color, we start to break off into analogous color; and again by mixing we find tertiary color. Nuanced color emerges between and can continually mix for intimate possibilities. Sometimes the tiniest differences between color can be the most intriguing.

So how does this color wheel theory work into choosing color for our wardrobes? So, the wheel shares relationships between complimentary color that are directly across from each other. Complimentary - looking good together but actually means two colors with the greatest contrast.

JOURNAL • 0124  
# 2 P E R S P E C T I V E

### Exercise

THESE WHEELS LOOK QUITE SIMILAR, BUT TAKE A CLOSER LOOK. YOU WILL SEE SUBTLE DIFFERENCES IN COLOR HUE AND TONE. LET'S EXPLORE...

*Note: these do not represent color palettes to choose from; They are intended to illustrate how color nuances can change mood and evoke different emotions.*



C L A R I T Y

Crisp pure color, these are in the lighter spectrum of color structure. In other words, minimal black or brown tones exist in these colors.  
CENTERED • AT PEACE • CALM



D Y N A M I C

These colors are deeper, more saturated than the 'clarity wheel'. A little darker on the spectrum, these reflect a bolder view!  
CONFIDENT • ENIGMATIC



P A S T E L

Romantic and airy these colors are on the lighter side of the spectrum. They evoke purity and lightness.  
SWEET • FEMININE • JOYFUL



Q U I R K Y

In between the 'clarity' and 'dynamic' wheels, these quirky colors are easy on the eye, and work together in a softer profile.  
STYLISH • YOUTHFUL • FUN



E C L E C T I C

With a similar 'hue' on the color spectrum, these conjure more of a mid-century muddier tone. Slightly distorted and unusual.  
ECCENTRIC • NURTURING • KIND



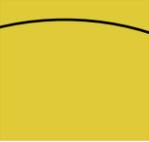
M U D D Y

A little lighter in the color structure than 'eclectic, and with more 'browns' in each color. This is a warm, nurturing, earthy color palette.  
BOHEMIAN • NATURAL



N E U T R A L

This wheel represents a good start in creating a monochromatic palette. Neutrals are earthy hues in soft tones. Neutrals can be cool or warm in tone.  
CHIC • MODERN • CLASSIC



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# 3 T R E N D

We have tweaked each wheel in color to create unique palettes representing personality and emotion. These are what we call 'trend translations' which is how we inject trend into our personal color choices.

# H U E

Each color within a wheel has its own scale from light to dark. This is known as its 'value'. Here is where hue or intensity is presented. Variations within this range is where we see possibilities for creating mood.



*I am a believer that color affects people's moods.*  
Lilly Pulitzer

# T R E N D

TREND - fashion, style, fad, vogue, trend, mode

TRANSLATION - inject a touch of a color trend into my wardrobe only if it makes sense for me

USING AND TRANSLATING COLOR TREND INTO YOUR LOOK.

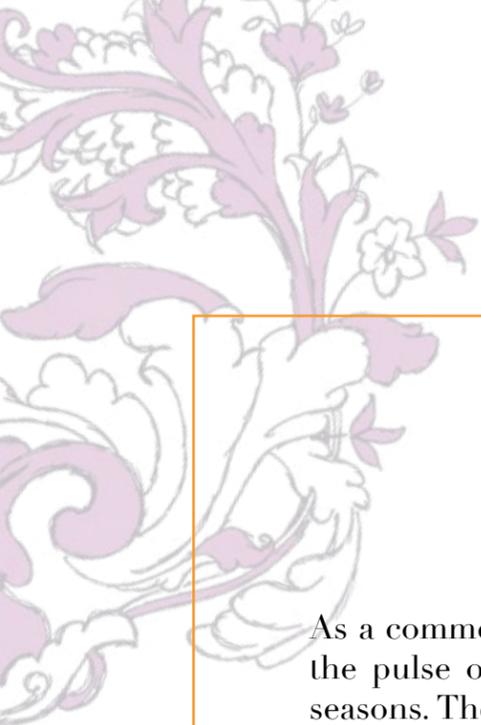
*"Fashion is a trend. Style is within."*  
-Oscar de la Renta

USE TRENDS TO INFORM, UPDATE OR UNDERLINE YOUR STYLE MESSAGE

Each season, we see a new color or range of colors and prints and see how they are used in clothes, home goods and gift products. Even a simple product like a candle will be boxed or styled in a seasons color pick! Where do these trend colors get selected? Well there's a whole world of color stylists, influencers, analysts and of course Pantone®, the world's leader in color creation, forecasting and maker of tools for designers on a global scale. Some trends are forecast in advance. Designers interpret them their own way and retailers curate it down even further to match what they think their customers will buy. There are as many lists of what the trends are as there are fashion designers, media organizations, color influencers of all kinds. Overwhelming, yes?

Part of my responsibility in designing is to review seasonal trends. I see color and translate the trend palettes into my own. I may only borrow one or two colors, and use them to create my own message within my apparel collection, and in sewing pattern imagery.

The message here is to MINE color trends so as to accommodate your personal message and style. Not to FOLLOW.



# M I N E C O L O R

As a commercial textile designer, it is vital to keep my finger on the pulse of current color trend and projection for upcoming seasons. There are so many color industry resources for this including Pantone® which literally creates color and color palettes for a global audience in every industry you can imagine. There are powerful organizations which explore color within each industry of home, fashion, gift products, quilt and paper. Naturally, if one is in any of these industries as a designer, we are compelled to explore what color trend opens up for us. Whether or not we utilize these ‘projections’ is our own prerogative. As a professional designer it is our job to observe, interpret and create with color, shape and do it with a personal perspective. That is what a designer offers the world. Like an artist it is a unique view.

YOU CAN SEE HOW COLOR CAN BE SKEWED IN  
WHAT IS PRESENTED TO US AS CONSUMERS.

This information I believe is something to be considered in creating our personal wardrobe palettes. If we do select an on-trend color, it should speak to our heart. We can then either add it into our scheme as is given; or we have the power to take a ‘value’ of that particular color whether lighter or darker in hue - so as to fit into our storyline.

# O B S E R V E

Observation is a beautiful process. It will always surprise, nurture your thoughts, bring emotion to the surface and actually develops your eye for color. Recently, I went on a motorcycle ride along the northern roads of Michigan (I was the passenger). My focus was watching for color patterns along the way. I was truly moved by what I saw. My favorite image, was that of a large field that must have been either harvested or in a waiting period for it’s next evolution The ground was layered in deep violet blues and black, the sand near by was of a nude blush color, the trees along the horizon were deep dark green and black and the sky was the palest hue of blue. Right there was a full and complete natural palette I could use in a capsule collection.

*Keep a beautiful journal to make notes, take pictures,  
fill a notebook with color... Visit the paint shop, and use the paint chip  
cards to build a color wheel.*

See how you view the world around you.

## HOW YOU NOTICE COLOR IS A GIFT!



tina givens

Get out of your daily routine and experience color. Make a point to notice details, whether you're on a museum visit or at a beautifully decorated home or restaurant. Visit a favorite boutique and note all the little color details and nuances. What color is trimming another, what is the dominant color in a painting, what highlights a color? Look at the intersections of color, and how they relate. What are you gravitating to... ?

#### LET'S GO ON A NATURE WALK!

Observe nature's placement of color. In a natural setting, take note of how color sits together. Are there contrasts, are there similarities? Are there tones of the same color? What surprises you?

#### YOUR NEIGHBORHOOD

Your neighborhood provides you with a view of how others see and place color. One neighbor will focus on white blooms and a wide variety of grass and foliage in differing greens, blues and grays, while another neighbor will focus on violet next to orange, red, fuchsia and ground it all with chartreuse. Just another example of how, we as intelligent emotional human beings observe and live with color. It tells a story doesn't it?

*Color is truly subjective!*





# HISTORY

YOUR CULTURE, YOUR PAST & YOUR CHILDHOOD

Color, like smell, can be a trigger in our adult psyche because of our experiences as children. Perception of color is subconsciously absorbed on so many levels. As children we observe and learn with new eyes and emotions, mentally grasping experiences and making connections and correlations. One of the intangible elements in memory is color! It acts like a reflector of emotion according to how we first experienced it. This creates a context for how we view and remember color.

You have now awakened your observation skills. It's time to get introspective and investigate your past. As mine is, your history and culture is a great source of inspiration and the foundation of your story. What are your memories that you favor and carry around, why and how do you see these in color? Find old photographs, where you lived as a child, as a young adult. What do you see?

I have lovely memories of visiting my grandmother's home. She loved potted plants which were organized in rows along her veranda walls. The plants created patterns of color from velvety dark foliage to deep hues turning into lighter chartreuse greens and pastel blooms. It was quite an image! She adored African Violets in darkest purple and deep raspberry pink. To this day, this color combination conjures peaceful, happy emotions and quiet chats with tea and biscuits.



# IDENTIFY

## YOUR HOME

Look around your home. What is relevant, what has changed? What do you love and what do you need to release? Wander back to your wardrobe, what is the dominant color, what is your favorite piece of clothing? Is it a scarf? A piece of jewelry? Do you have a piece of art in your home you adore that warms your heart? What are you seeing in duplicates? We tend to surround ourselves with things that are a reminder of what excites us, what makes our hearts sing.

## YOUR FUTURE

Think about where you'd like to go, be, and experience. Your dreams, your everyday, how you feel, your body, any changes happening in your life - these are all part of your story and will be components in building your personal color palette.

## LOCATION

Always a consideration in color choice. If you're on the west coast, your colors may differ from someone on the east coast in a city, or a rural setting in the countryside. Are you on Texas soil or in the mountains of Asheville North Carolina? Are you in London or a quiet farm in New Zealand?

## COLLECT IDEAS, COLORS AND COMBINATIONS

Exploring and collecting is a lovely exercise and we should always take the time to observe and note what we are attracted to. Some of us prefer a journal to keep clippings and notes; some like to illustrate and paint what we see and some prefer virtual boards using online tools like Pinterest. I always like a pin-board with printed imagery, pieces of nature and favorite trinkets or scraps of found objects overlapping in colorful chaos. There are no rules, so collect and have fun keeping color the focus. Give yourself freedom to collect and allow inspiration to guide you. Jot down ideas, color combinations, imagery of apparel you love, surprising color palettes you have found. You don't have to think why you choose certain things, just keep collecting, keep being inspired.





## COLOR PALETTE

YOU ARE NOW READY TO BUILD  
A REFINED PALETTE FOR YOUR CAPSULE COLLECTION.

First, return to your lifestyle choices in your WARDROBE PLANNER. Review your CONCEPT STATEMENT; where and what are you building this capsule for? Now that we have the foundation parameters, consider what the mood should be for this collection. Look back to the COLOR MOOD BOARD you have begun. Is it soft and serene, warm and dramatic, romantic and soft, bright and cheerful, modern and cool, or chic and elegant? This is the vibe! This information will begin the process of pairing color combinations with intention, especially if you have given thought to how specific colors make you feel.

Our next objective is to play with color chips. Whether you have pieces of color from tear sheets or actual fabric, visit your local paint shop and find color chips related to your mood board. While there, review the NEUTRAL colors which will play a strong role in your palette. Do you gravitate to cooler or warmer neutrals? Building a palette for some of you is easy and comes naturally, but I encourage you to play along in our next exercise. We will use a three step process to create a foundational color scheme. In a nutshell, we will review warm and cool neutrals, which will guide us to successfully pull together a more complex multicolored palette.

*When you go through this exercise, ask yourself what embodies the mind-set you are trying to achieve. Getting specific with your intention and desired mood empowers your color choices.*



## NEUTRALS

Seemingly bland and insignificant, neutrals are essential to the design process. They are foundation colors that hold everything else together. Any multi-color palette needs neutrals to ground it from feeling too busy, even if it's just one or two colors within a pattern.

On their own they create a focused palette. Subtle variations in color create depth and texture. Look at a painting or photograph of something monochromatic like a white shirt! There are multiple variations of the white to create shadow and depth. On a broad level neutrals are split to either warm or cool tones. Warm neutrals have undertones of red and yellow, cool neutrals have tones of blue and green.



*With color one obtains an energy that seems to stem from witchcraft.*  
Henri Matisse

## WARM NEUTRALS

Soft ivory and creams, sand, taupe, nude, blush, butter and warm chocolate. All subdued but also complex with subtle differences in soft sedimentary hues. Soft and warm and a wonderful base to build upon. We can leave this soft scheme intact or open it up with a pop to create drama and depth.



## COOL NEUTRALS

Cool blues, olive greens, slate grays, deep blues and denim. A touch of blue-purple adds color to create depth. A moody neutral scheme has complexity to stand on its own, but is also a strong foundation to add more vibrant color. Isn't it fascinating how an almost monochromatic palette can be interesting?



## ADDING INTENSITY

As we learned about playing with Hue in #3 Color Value, here we will slide that value scale with experimental color additions. Now that we have settled within a cool or warm neutral palette, we are ready to add color saturation. This creates drama within the palette. You will know when to tone down and when to intensify the new colors. The idea is to select color we have seen within our mood boards or gatherings, and experiment with shades of that same color to fit into the neutral palette as a contrast color.

### WARM COLOR

Within a warm neutral playground, add something like tangerines, seashell pink and pink violet and copper to name a few. Think about what color will intensify the MOOD of the color scheme. Are you going for soft and romantic or sharp and dramatic. Either way, turn down or pump up the saturation. Again, use the paint store color chips to physically move color around until you find the right connections.

### COOL COLOR

Here you could add icy blues, black-teal, charcoal, brilliant greens.

*These are just 2 simple illustrations of what adding color can do for neutrals. See your journal to explore more.*



## MAKING THIS **PERSONAL**

Up to this point we have not addressed an essential element to our wardrobe palette. That is you! Your physical colors. Your hair color, your eyes and skin tone are factors that need to be taken into serious consideration. We all know what colors we don't like on ourselves. And if you change your hair color, or even a lipstick everything is affected. We all know what color washes ourselves out! Let's explore!

It's all so personal!



## SKIN TONE

Maybe your skin tone is not the first thing you think of when planning out what to wear. Do you pick colors you like purely because you like them, or do you choose colors that look good on you? Do you know what colors look good on you?

Most people fall into one of three categories of skin undertones, which can help us pick which colors will most flatter our skin. You can be one of the following:

- Warm toned
- Cool toned
- Neutral toned (*mix of cool and warm*)

**Warm-toned skin has yellow, peach and gold tints.**

**Cool skin tones have hints of pink, red and blue.**

- Try to pinch your cheeks to see your natural blush color.
- Do your cheeks turn orange or peachy? You're warm toned.
- Do they turn baby pink? You're cool toned.
- Another way to check whether you're warm toned or cool toned is to look at your veins, especially the visible veins in your forearms. Warm-toned skin will have green tinted veins while cool toned will have bluer veins.
- If you're not quite green or blue, you're a neutral.
- You can also tell by looking at your natural hair color. Cool tones will have silver or ashy washes to their hair. Warm tones will find red, orange, or yellow washes.

It's a common misconception that people with lighter skin can't be warm toned, or that people with dark skin can't be cool toned. It's not necessarily a deepness or a lightness we're looking for. Rather, we're looking for undertones and the absence/presence of warmth.

*The best color in the whole world is the one that looks good on you!*  
-Coco Chanel

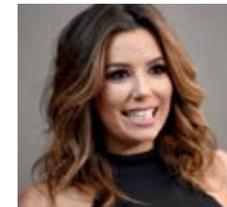
People with **warm** skin tones:



Beyoncé Knowles



Blake Lively

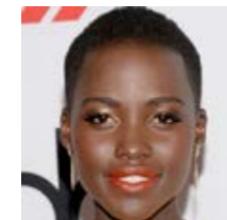


Eva Longoria

People with **cool** skin tones:



Nicole Kidman



Lupita Nyong'o



Anne Hathaway

People with **neutral** skin tones:



Drew Barrymore



Kerry Washington



Natalie Portman

# SEASONS

We can break this down even further by doing a season analysis.

You can be a spring, winter, summer or fall depending on your hair/skin color and that can give you further guidance on what colors look best on you.

## SPRING

Warm undertones. Light skin for your ethnicity. Hair is usually light blond to medium brown or have red undertones. There is a high contrast between the color of your hair and skin. Eyes are blue, green or warm brown.

-Colors that work for you are the warm versions of bright or pastel colors. Coral, salmon, gold or warm yellow, turquoise, spring green, bright blue or sea blue.

## SUMMER

Summers are a cool undertone where the overall effect is soft and ashy. A very low contrast between skin and hair color, almost the same color. When you blush, your cheeks are rosy, not peach. Hair is light blond to medium brown. Eyes are some version of gray (grey-blue, jade green, slate).

-Colors for you are cornflower blue, very pale yellow and pink, lilac, sea foam green, slate, burgundy, medium pink and purple.

## AUTUMN

Warm and golden undertones. Both hair and skin has a warm, soft and deep undertone. Hair is dark with hints of red or gold. Eyes are hazel, deep brown or warm green.

-Good colors are "leaf changing" colors, orange, red and burgundy, deep green, golden yellow, deep brown and blue, olive green. Rich tans and neutrals.

## WINTER

Cool skin with a high contrast between skin and hair. Usually, very dark hair, dark brown or black with light skin for your ethnicity. Ashy, but not as much as summers. Eye colors are cool greens and blues, Deep browns or deep grays. Very deep coloring overall, lots of definition in features.

-Colors are a mix of jewel tones and pastels. Deep purples, blues and greens, black, medium yellow, true ocean blue and bright pink as well as ice blue and pink. Deep slate gray.



## COLOR PLAY

It is time to hone in on color selects. Stand back to view your color mood board. Travel along with your eyes, and absorb each color. Write down 5 colors within the board that truly stand out.

Using these 5 refer to your journal exercise and discover how to play along with these 5 elements to create your conceptional palette. We have provided some examples here to illustrate that even when you select the colors, how you use them relative to each other changes all things. We can create new moods with just one palette.



VIOLET  
CHARTREUSE  
BLUE  
PALE PINK  
GREEN

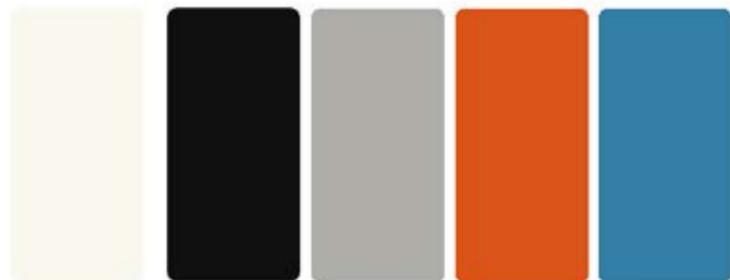


Grounding the palette in the dark blue, and green as a highlight - offering a background for the other colors. A strong combination for sure.

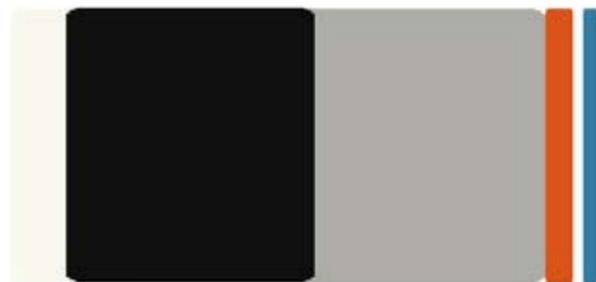


This is a much lighter playground, using the pale pink as the primary role player. Highlighted by deeper violets and tiny hints of chartreuse and blue. A much more playful palette.

## MODERN DAY



IVORY  
BLACK  
GRAY  
ORANGE CORAL  
BLUE



By using the neutrals as the foundation, and color for the trim, this palette evokes more of a masculine flavor.



Orange coral and a light neutral makes this palette appear much lighter and grounded in the darker colors.

## PARTY GIRL



CRANBERRY  
RICH GREEN  
YELLOW  
LAVENDER  
BLACK



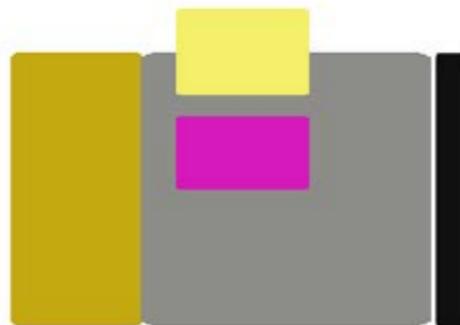
Cranberry and black make this a much warmer grounded palette.



Crisp contrast between yellow/lilac and black combination and surprise peeks of cranberry and red.

# COLOR PLAY

## MODERN LADY



On the other hand, using the neutrals and trimming them in the brighter colors creates a softer more elegant look.



Drama is created with the bright yellow and pink against black. Trims in neutrals of gray and olive. This is sharp, confident and strong.

*I found I could say things with color  
and shapes that I couldn't say any other way.*  
Georgia O'Keeffe

## AN ILLUSTRATION IN COLOR

In designing textiles, there is a point where it's time to select the ground color for a print pattern. This would be the background color - which is a powerful element in design. The color choice can offer the foreground imagery brilliance or it can fade into the background to offer softness. It is always a surprising exercise in contrast versus similarity.

The imagery on the next page offers an amazing illustration on how the 'ground' of a print changes everything. View the color blocks. These represent the colors available in the imagery shown along the left and below. The three Gucci® images along the bottom of the page reveal darker colors within the palette. The brighter, lighter colors were chosen for the trim or florals create drama and contrast resulting in deep depth perception. In contrast, view the imagery along the left of the page; note a light neutral is the color ground and makes the prints less moody, more whimsical and playful.



GROUND



## FINDING CLARITY

Give your board some time, and keep editing and enjoying the process. Over the course of a week you will observe visual interactions and find combinations that you love. A week is good because its not so long that you may lose momentum. Move items around, add new ones. Edit. Keep your board somewhere where you can see it throughout regular routines of the day. Your mind will absorb subconsciously.

When I create a new character or piece of art for a fabric, I sometimes place it on the fireplace mantel or next to my bed for a few days. Just so I can absorb, and imagine how and where to place it. What colors do I envision for the piece, and it really is amazing how your mind reacts and is inspired by it.

As you edit your board you will begin to notice themes like something simple as you love florals. And from there start to think about how you could use florals in non-traditional ways. Like mixing florals within a garment, or creating stripes with various florals. Using a floral in an unexpected garment like pants. The possibilities are truly infinite.

Edit out the excess, things that start to appear like they don't belong. This is a critical piece of the process in creating clarity and opening up a specific direction in color and print.

With time you may start to incorporate this process into your routine of life. Your home, your work your family events. A mood board is addictive and takes on a wonderful type of journaling all of its own. None of these ideas are permanent, it is an ever evolving reflection of your story and a learning process for yourself and who you are.

Use this newfound clarity to revisit your closet, and edit what you already have. This may mean moving pieces you may not want to be distracted by in creating your new capsule collection; or it may translate to pulling pieces you absolutely want in your collection. Color is remarkable once it is placed into perspective for a specific purpose.





# Color



Workshop Series  
COLOR HUE & YOU N. 0124

MODULE # 1

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